

Thunderbird Wren Halfway House is a medium intensity (15 service hours) adult (18+) program. We serve Native American men and women. In order to be admitted to our facility, a completion of a high intensity treatment program is required. If you are interested in our program, please send the following to our admissions:

- Comprehensive Assessment
- Treatment Plan Review
- Current Medication List

tbwadmissions@mashkawisen.com

OR

Fax: 218-727-1476



For more information visit us on our website:

[www.mashkawisen.com](http://www.mashkawisen.com)

## Thunderbird-Wren Halfway House



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9302 Idaho Street  
Duluth, MN 55808

Phone: 218-727-7699

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Email: [tbwadmissions@mashkawisen.com](mailto:tbwadmissions@mashkawisen.com)





## About Us

We are the first Native American owned and operated treatment center in the country. We have an established reputation of over 40 years of providing culturally responsive treatment programming for our clients. Our goal is to promote positive cultural identity and wellness by helping clients connect to their Anishinabe language, teachings, and traditions for healing. Our team includes Cultural Specialists and other respected community Native American practitioners. They facilitate Cultural Services and promote "Culture is prevention, intervention, and recovery" as well as "Family is culture".



## Services We Provide

We have a comprehensive treatment process to address problematic substance use.

### Cultural Services

- We offer cultural services including pipe ceremony, sweat lodge, talking circles, smudging, and prayer.

### Peer Recovery Services

- Individuals are offered peer recovery services including- emotional support, mentorship, skill building, and advocacy from peers in stable recovery.

### Medical Services

- We offer comprehensive medical services to meet each individual's needs. Services include establishing primary care, mental health services, dental, optical, med management, MOUD care, client education and more.



### Individual Counseling

- A counselor will meet with you a minimum of twice per week. You will work with your counselor to develop your own personal treatment plan.

### Co-Occurring Groups

- Including dialectical behavior therapies, corrective thinking, relapse prevention skills, interpersonal groups, family issues groups, spirituality, cultural education, creative expression and gender specific topic groups.

### Continuum of Care

- We will help you develop a plan to continue your recovery process once you leave here. We will work with the supportive people in your life, including family, counselors, social workers, teachers, sponsors, doctors, and probation to make sure you will have everything you need to succeed.

